

# **PRAGATI GRAMIN VIKAS SAMITI**

ANNUAL PROGRESS
REPORT FY 2022-23



WEST BAILEY ROAD, PATNA- 801503 Email:- pragatigvs@gmail.com Website:- www.pragatigvs.org

# **Acknowledgements**

#### **Dear Friends**

I am very happy to present you this annual progress report of PGVS Fy 2022-23. As you know that PGVS has started journey in 1985 and after 38 year we find that we have archived so many idea and transformation of technology to rural people

PRADEEP PRIYADARSHI Secretary, PGVS

### **About PGVS**

Pragati Garmin Vikas Samiti (PGVS) has been established in 1985 as a society. And it was registered under society registration act 21/1860 on 30<sup>th</sup> December 1988.

• Registration number- 394/1988-89 IG Registration, Govt of Bihar , Patna

Head& Regd office - Pragati Bhawan, Kothwan Road, Arpna Bank Colony

West Bailey Road, Patna (BIHAR) -801503

Unique ID of Darpan- BR/2017/0155671

FCRA registration no- 031170056(1991-92) Renewed in 2022 from 1<sup>st</sup> April 2022 to 31<sup>st</sup>

March 2027

ITR (12A) URN - AAAAP1971CE19914
 80G(URN) - AAAAP1971CF19888

PAN No - AAAAP1971CCSR Registration - CSR00048679

# **List of current Governing Body members: -**

SN	NAME	Gender	Designation
1	Sindhu Sinha	Female	President
2	Pradeep Priyadarshi	Male	Secretary
3	Manjula Dung Dung	Female	Treasurer
4	Umesh	Male	Member
5	Swati Kashyap	Female	Member
6	Biteshwar Manjhi	Male	Member
7	Babu Lal	Male	Member

### **Our Bank:-**

For local donation- Canara Bank Moti Chowk Khagaul, Patna- 801105 Bihar
 For FC grant - State Bank of India,11- Sansad Marg, New Delhi-110001

Our Auditor - Arun Kumar Bal Krishna Prasad & CO.

• **Vision**: To work for the most marginalized and venerable section of the society.

• **Mission & Goals**: Socio- economic progress which is best achieved through active participation of the people so as to ascertain dignity, equality, right and justice.

# Our donor during current financial year

- Heifer Project International , FC
- JSCF, Delhi Local
- SLCW, Switzerland –FC
- Save the Children Delhi-- Local
- Girl rising USA- FC

# Our intervention area during the year

Project base district- Patna, Bhojpur, Gaya, and Mujaffarpur

Number of block- 04, Village- 650

# Number of Staff& volunteers during the financial year

Project	Donor	Project	Total	Male	Femal	Full	Part	Volun
		location	staff		е	time	time	teers
Bihar sustainable	Heifer Project	Kurhani,	15	9	6	15	0	40
Livelihood	International	Mujaffarpu						
development		r						
Niti Aayog nutrition	STC	Khijarsarai	6	3	3	6	0	10
		Gaya						
Mushar	SLCW	Patna,	6	4	2	5	1	40
empowerment		Bhojpur						
MHM Awareness	JSCF/UNFPA	Manpur,	2	1	1	1	1	0
Project		Gaya						
Mental Health &	Girl Rising	Danapur&	7	4	3	7	0	200
social emotional		Naubatpur						
learning		of Patna						
		District						

# Our major program during the year-

- 1. Bihar sustainable livelihood Project, Heifer project international Kurhani , Mujaffarpur
- 2. Empowerment of musaharwoman and girl , SLCW Project Dnapur,naubatpur block in Patna & koilwer block Bhojpur
- 3. Aspirational district Program Malnutrition& anemia free Manpur, NITI Ayog project Manpur Gaya
- 4. Menstrual hygiene management Project, WaterAid /JSCF, Manpur Gaya
- 5. Mental health& education, Girl rising Project-Danapur & Naubatpur Block Patna

### Key achievements: -

- 1. 205 Self Help Group formed and 165 Bank account opened under BSLD Project (Bihar Sustainable livelihood Development)
- 2. Started project with 3465 adolescent Girl for their social emotional and mental health training
- 3. 1000 adolescent girl got MHM (Menstrual Hygiene management) training by frontline worker and PGVS
- 4. PGVS conducted NCCS (Nutrition care child scheme ) and anemia test in 152 ICDS Centre in Manpur Gaya under NITI aayog Project
- 5. MHM training and COVID-19 vaccination campaign in SLCW project area

# NITI AAYOG PROJECT, MANPUR, GAYA

### **OBJECTIVE:-**

- A. Improving the coverage and quality of ICDS nutritional services for children through targeted interventions in intervention blocks (MANPUR) of Gaya districts in Bihar.
- B. Supporting district administration in improving Anaemia Mukt Bharat program coverage among children, lactating & pregnant mothers in intervention blocks (MANPUR) of Gaya districts in Bihar.
- C. District/block level Technical assistance on key prioritized nutrition sensitive and nutrition specific interventions for children, pregnant & lactating mothers in (MANPUR) Gaya districts.

### **GOAL:-**

Improving nutritional outcome in children & reducing Anaemia prevalence among children, pregnant and lactating mothers in intervention blocks of Gaya districts in Bihar.

<u>Team</u>: - For implementation of Programme at Manpur Gaya we have a dedicated team of six people who will fulfill all the criteria and goal of the Programme are as follows-

- I. Birendra Kumar- M&E Coordinator
- 2. Pappu Paswan- Field Facilitator
- 3. Md. Sarfaraz Alam- Field Facilitator
- 4. Ms. Shabya Kumari-Field facilitator
- 5. Lila Manjhi-Field facilitator
- 6. Md. Aldyad Umar-Field Facilitator

### **Activities:-**

Social security/ livelihood (Through Govt. institution/Jivika) support to SAM /MAM children family- In this activities we have linkage families of SAM/MAM children parents to different social protection schemes. Regarding this we have discussed with Mukhiya of the concern panchayat and share our views regarding the linkage of needy family. We have organized several camps and linkage the beneficiaries and make them aware about the submission of forms to concern department and there follow-up.

Social Protection Schemes										
Male Female Divyanag Vridha Parvarish Parvarish Philosophy Pension Pension Policy Policy Philosophy Policy Philosophy Phi										
84	186	20	112	36	4	43	28	16		



Develop Model Panchyat (Malnutrition free)-Convergence action plan for ensuring Child Rights at Village/Panchayat level (ANM/ASHA/AWW/Vikash Mitra/Tola Sevak)-

To develop model panchayat at Manpur block we did survey and discussed with Mukhiya, Sarpanch and others PRI's to identify the reasons of malnutrition and how we can make the panchayat malnutrition free. In this activity we did several meetings with PRI's in chairmanship of mukhiya, ward member's, ANM, AWW, ASHA, Jivika etc and made a agenda that how we can help the community to get benefited. PRI's come forward and assured that we will motivate the community about different govt. schemes, NRC and utilization of local available healthy food in their daily uses.

Model panchayat convergence meeting									
No. of	P	RI	Comn	nunity	FLW				
Meetings	Male	Female	Male	Female	Male	Female			
6	19	7	34	96	25	24			

### Coordination and review with District Administration -

on screening of under 5 children, regularize THR, referral at NRC, promotion of home based locally available nutritious food, replication of NCCS in other blocks-We made a good relationship with district administration DPO(ICDS) Gaya, DPM(Planning) DPM/DCM(Health Gaya, Department) etc. It helps us to implement our program successful in Manpur block. We also support in organizing DCAP meeting at DM meeting hall, Gaya. District level ICDS staffs participate in our



activities and they appreciate our works. Health department at dist. Level also appreciates our NRC referral. Due to PGVS referral of SAM and needy children at NRC is increased and manpur stands rank one in Gaya dist. In SAM referral at NRC because of PGVS Manpur.



# Refresher training on IYCF, WASH to AWW, ANM, ASHA-

PGVS organized refresher trainings of AAA two times at Manpur and trained ANM, AWW, ASHA facilitators on IYCF, WASH. This training helps AAA to do their work smoothly. This type of training helps AAA to synchronize their knowledge in better way. Health departs. And ICDS Manpur plays a good role in organizing of training program.



**Capacity building of Master Trainers** 

(ASHA-Facilitators, ASHA, ANM, AWW) on community based management of malnutrition-PGVS has organized two training program to make AAA as a master trainer on CMAM. PGVS with the help of ICDS and Health department organized training program and our Nutrition expert from Save the children Ms debosmita trained the trainees on CMAM and in second term Dr. Ranjan kumar MOiC CHC Manpur trained AAA on CMAM. They taught them about utilization of local available healthy diet and proper care and protection of children at the time of pregnancy to at the age of 2 yrs.



Targeted counseling of undernourished children and their caregivers for appropriate care through Nutrition Child Care Sessions (NCCS) for 3 days in a month in 20 Model AWC. Filling of NCCS tracker for three cycles and sharing of data and its analysis-

Under NCCS Pragati Grameen Vikas Samiti is working at 20 Model ICDS centers in every months from July to Masrch-23. Nutritional Counseling and Childcare Session is a powerful and effective process based on the principle of "Learning by Doing" for engaging the community for effective management of SAM and MAM children within the community. It has a community-based Program led by trained AWWs and PGVS Field facilitators to create a movement in for reduction and prevention of child malnutrition through community mobilization to promote early childhood care and nutritional practices by service providers through positive child care practices at household / community level this will help in changing the behavior and practices around child nutrition. It is a three days session in a month where mothers/father or caregivers of under nourished children especially SAM / MAM come at ICDS Centers for supervised feeding and learning positive practices through participatory learning – First day screening of children and on day two there is a counseling session with the mother of malnourished children (SAM/MAM). Anganwadi worker (AWW) and field facilitators at the Anganwadi center (AWC) usually conducts the session with all the mothers of SAM/MAM in the community who are already members of the mothers' group of local AWC. The AWW counsel on Infant and Young Child Feeding and WASH and demonstrate age appropriate feeding practices. The caregivers of the malnourished children are requested to practice the same good practices at home for the speedy recovery of malnourished children. Regular follow up visits made by field facilitators to observe the household level feeding practices by mothers and provide age appropriate counseling on child feeding and hygiene practices. These sessions empower the caregivers on child under nutrition and build their confidence in rehabilitating their children in nearby Nutrition Rehabilitation Centers in case of any complications among SAM children.



Screening (No of boys and			Counselling of parents			Receip Demostration-March-2023			
Total No of NCCS	Boys	Girl	Total no. of	Father's	Mother's	Father	Mother	Boys	Girls
180	1996	2500	180	49	1533	44	1474	658	1015

Model ICDS centers to ensure six services and proper record keeping and Promoting access to the six ICDS services by leveraging the existing government platforms and targeting community groups-

PGVS support ICDS to create 20 model ICDS center at Manpur block with the help of ICDS Manpur. For sustainable results, AWWs are being capacitated on key skills, documentation, provided with quality and advanced equipment, and facilitated and provided water and sanitation facilities. Currently working on 10 models AWCs.



# Support T3 (Test Treat & Talk) camps in intervention AWCs in convergence with health department –

(special focus on adolescents)-and ensure proper supply of IFA Syrup/Tablet to Anemic adolescent and women. Its analysis and sharing of Data- PGVS has organized several anemia camps at schools as well as at community levels under T3 program. We diagnose hemoglobin specially of adolescents, lactating and pregnant women and provide them IFA tablets and syrups on spot with the support of CHC Manpur( Health Department).

	Anemia Camp, No. of Participants											
6 M -6yrs		6yrs-10yrs		10yrs-19yrs		19yrs-Above		IFA Medicines				
Boys	Girls	Boys	Girls	Boys	Girls	Male	Female	Syrup	Tablets			
12	9	120	213	519	1173	183	511	142	24490			



### Convergence/Strengthening of VHSND-

Joint Meeting of ANM/ASHA/AWW at Cluster Level Under the chairmanship of CDPO/MOIC-PGVS has organized convergence meeting with ICDS and Health department to make VHSND strong. Through this meeting we try to make a healthy relation between ICDS and Health dept. It will help both departments to provide better services to children/community in need.



Community score card activity and interaction with community groups-

In 20Model AWC- Three times with Mother group (App -30 participants) and its analysis and sharing of data- For improved community accountability for nutritional services at AWCs, conducting community scorecard in 20 model ICDS centers in Manpur in three rounds. A community score card is a two-way and ongoing participatory tool for assessment, planning monitoring and evaluation of services by the community. CSC helps service users give systematic and constructive feedback to service providers about their performance.

	Community Score Card										
No. of	Total Population		0-3 Yrs		3-6 Yrs		No. of Participants				
Awc.	Male	Female	Boys	Girls	Boys	Girls	Paren ts	Boys	Girls	Pregnant	Lactating
60	35948	34413	2745	2665	2652	2623	1849	826	1038	184	548

# PNGO team review meeting with State/HUB/NSO team-

PGVS has reviewed the activities did at 20 model ICDS centers with the help of Save the Children program team. This activity helps team to make their work smoother and gives a better result. Continuously supporting NRC for referral of SAM/MAM children and follow up of the same- During conducting NCCS activities we have refereed 37 SAM children to NRC (CHC Manpur) for their better health and all of them are living a better life.



### **Observation of World Breastfeeding Week:**

During WBW support provided in capacity building of AWWs on IYCF counseling skills. Awareness generation among pregnant and lactating mothers for optimal breastfeeding practices. Activities like awareness Rath, accompanied home visits for counseling has been carried out. During this breastfeeding week, reached 3397 beneficiaries.

Breastfeed week										
		Вс	ys	Girls						
Male	Female	0-6 months	6 months -2 years	06 months	6 months to 2 years					
1475	3092	327	378	318	393					

During Poshan Maah Sept 2021, different focused interventions conducted by Pragati Grameen Vikas Samiti

Community awareness

Movement of Poshan Jagrukta Rath, Awareness raising overanemia reduction and intake of iron reach food, Quiz competitions, Wall Writing, Taking oath and filling of Sapth Patra, Rally among schoolchildren over nutrition.

Beneficiaries reached – 8850

Targeted counseling on child and maternal nutrition, IYCF & Anemia

PGVS supported in counseling during home visits with front line functionaries, counseling at AWCs, counseling at Poshan Paramarsh Kendra set up at health facilities Beneficiaries reached during POSHAN Maah 2022- 1081 persons.

Screening of children-less than 5yrs children were screened for identification of malnutrition.

Poshan Maah										
	Boy			Girl	Male	Female				
0M-3 y	3y-6y	6y-12y	0M-3 y	3y-6y	6y-12y	iviale	remaie			
609	1012	1207	596	1083	1406	955	1982			
प्रखण्ड सामुदायि	क शोचालय मानपर (म		THE RESERVE TO SERVE							





# **SLCW Project Annual report 2022-23**

### Project achievements in 2022

After two years COVID-19 pandemic effected by lockdown and govt guidelines protocol, we have stated work properly as per project from March 2022. Before this in January22 we have done survey about vaccination of people at household level. And also implement planned project activity for their upliftment.

### In 2022 following impact achievements: -

- 377 children including 186 Gils enrolled in school for formal education
- Two times orientation training of staff conducted
- 12 monthly meeting for review and planning done
- 565 village level community meeting conducted including 85 additional meeting with SHG, and village committee and Total 8475 persons have been participated in which 70% were woman.
- 105 Adolescent group meeting conducted on MHM and girls rights .
- School level PAD Bank established in 5 schools with student support.
- 12 SMC members orientation meeting conducted at school level
- 2 Block level consultations completed where 127peoples participated
- Mushar ward development plan done in 10 ward.
- SHG management training done with leaders for livelihood

- In 5 villages woman are doing collective farming
- 57woman doing kitchen garden
- 1320 applications submitted to Circle office for homestead land
- Bihar Govt has announced incinerator machine in meddle school and high school
- Safe drinking water now available in 70% AWC, Primary and meddle and high schools
- 24 SHG Group link with Atma and agriculture department to access benefits for agro base livelihood
- Improved collective farming
- 20 group established of adolescents
- Block level hospital and PHC conducted health chekup camp in villages .

### Project base activities :-

- 1. Staff orientation training
- 2. Monthly review meeting
- 3. Enrollment drive of children, rally, orientation of teacher, parent
- 4. Block level consultation on smart panchayat
- 5. Musahar specific ward development plan
- 6. MHM& Health Training
- 7. Other non-budgeted activities

### 1.Staff orientation meeting: -

PGVS conducted staff orientation meeting for orientation of project objective and challenges after covid -19 impact of peoples on their livelihood, heath and employment. Team review of covid-19 pandemic impact on children adolescent girl, woman and current situation situation . PGVS find the challenge regarding mental health education and livelihood to increase income of musahar house hold is need.

Following activities will carryout in 2022 by team :-

- 1. Our focus to improve infrastructure of ICDS center with AWC, children, woman group and adolescent girl.
- 2. Proper orientation of children and girl in 40 villages to get proper education.
- 3. Health and sanitation drive at both AWC and school
- 4. Training of SMC member is helpful to engage children and girl at school
- 5. Pad bank will establish in school
- 6. SHG group will get management training
- 7. Saving habit will promote
- 8. In 2022 PGVS will try to focus woman to take initiative linkage with govt institutions for get benefits related livelihood

- 9. Homestead land campaign will continue
- 10. Block consultation focus on agriculture base livelihood
- 11. PGVS will try to make block level federation of woman
- 12. MHM awareness activities will properly implement

### 2. Monthly staff orientation meetings of staff: -

PGVS organized regular base monthly meeting to review and Planning of project each month in this year. Team member also visit different places to learn income generation activities like proper goat rearing, kitchen garden, and collective farming,

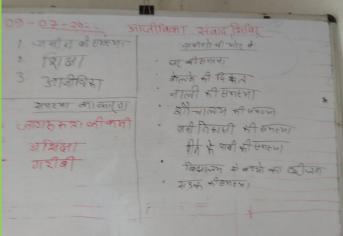
3. Enrollment drive of children, rally, orientation of teacher, parent.

In our project area in 40 villages, we have done enrollment drive for children and girl with support of ICDS workers and teachers. Total 377 children including 186 girls enrolled in different schools for proper education. We have also conducted 10 SMC trading meeting in different schools where teachers ,SMC members and PRI's members present. During the training we find

that some SMC was not functional and after training they decided to conduct meeting of SMC regular basis . In suari and Shikarpur village members have decide to establish PAD Bank in school for safety and support of Adolescent girls.

4. Block level consultation for smart panchayat: -





Block level consultation conducted in three phases where not only smart panchayat but also discussed about livelihood and SHG management for sustainability of group and income generating activities. In consultation BDO, Agriculture officer Mukhiya ,Ward member and representative of ATMA were also present and given their information of program. ATMA (Agriculture technology management

agency ) invited to SHG members for take support to start agro base activities . BDO( Block agriculture officer also ensure to access social security schemes for BPL family . Agriculture officer said that SRI is good practice for paddy production.

### 5. Musahar specific ward development plan

PGVS organized musahar specific ward development plan in holistic approach in ten hemlets (Bdi tengralla, Gidha west, Jahanpur, Kulhariya, Kharauna, Goway chak, sikanderpur, Shiv chak, Vasudevapuri and narbirpur) With massive participation of woman group ward members, panchayat samiti and tola sevak also participated)

In all villages/ ward some recommendation are here:-

 Homelessness is big issue for community and panchayat should take responsibility to home for homeless

 Maintenance of har ghar nal yojana( mini pipe water supply to each household ) is very important for each household. Govt has provided INR 2000 in each ward for repairing

of pipe.

 Social security schemes should ensure to each bpl family

- Kitchen garden promote to each household
- Reduce anemia and ensure nutrition food by kitchen garden
- To Promote collective farming
- Regular basis sanitation drive





MHM is most important for adolescent girl in musahar family ,because they have not aware



about MHM and school support 300 rupees to adolescent through scholarship ,but in school not provide emergency support at campus Doctor not visit in school for proper awareness to girl.. PGVS organized two menstrual Hygiene Management camp at school level with active participation of PHC/Referral hospital doctor and nurses' team

First adolescent got training about MHM and how to disposal west. During the training doctor checkup anemia and other diseases. They also provide medicines to adolescents ANM has distributed iron tablets during the training and orient them



about local nutrition food for iron and covid-19 vaccination of adolescent girl after training.



### 7. Social security schemes: -

In 2022, PGVS has mobilized massive resource under social security schemes for community like old age pensions widow pensions PM Awas yojana, kabir antyesti yojana homestead land and job in mnrega around INR1.6 crore (16 million)

### 8. Cloth for work:-

In 2022 PGVS organized labor camp to renovate traditional irrigation system in Goway village and new approach road constructed in aropur village .200 man and woman involved in this



camp and renovate 1 km aahar and make 500 meter road. With support of Goonj we provide cloth kits to 200



people after work. They are happy to this work

# 9. Safai abhiyan (sanitation and hygiene drive):-

PGVS conduct sanitation and hygiene drive in musahar hemlet fro prevention of diseases in all 40 villages. In this drive woman, children and girls have been participated. Purpose of this drive promote awareness about sanitation and hygiene at individual level in each family . After drive in each village children collect some donation for



soaps and sweets and after take bath they enjoy picnic

# 10. SHG Management training:-

PGVS conducted SHG Management training with group leader in all active 20 groups . Purpose of this training to provide knowledge and skill of woman leaders to strengthening group for regularization and proper saving



In this year 13 SHG group most functional and regular saving.

### 11.Kitchen Garden:-

Total 145 woman belong SHG group doing kitchen garden for acces nutrition and prevention of anemia and healthy vegetable from their small land It is very helpful activities who provide them opportunity to access kitchen support. This picture of kharauna village and gidha west village.





# 9. Over all achievements during the year 2022

SN	Particulars	Number	Re
			ma
			rks
1	Got new ration card with support PGVS	85 families	
2	New Old Age pension	58persons	
3	PCC road	5 Helmets	
4	Toilets	3 households	
5	Health hygiene and sanitation camp	118 villages	
6	Food grain distribution during covid-19	4500 family	
	lockdown period		
7	Sramdan (Labor donation for cleaning aahar	One village Gowai	
	payin (Irrigation system )	chak	
8	Engaged in animal husbandry	425 family	
9	Kitchen Garden	145 household	
10	Grain Bank	10 village	
11	Saving Group(SHG)	32	
9	Kitchen Garden	145 household	
10	Grain Bank	10 village	
11	Saving Group(SHG)	32	
12	Saving amount	INR 156455	
13	Widow pension	18	
14	Viklang pension	13	
15	Application for homestead land	1320	
16	Family benefit	6	
17	Sanitation drive	22villages	
18	New Ration card distribution	105	
19	SHG member involve in Agriculture work	135	
20	MHM Training of adolescent Girl	2(212participant)	
21	Adolescent group meeting on MHM care	42	
	during Covid-19		
22	Enrollment in school before lockdown	377(186 girl, 196	
		boy)	
23	Anti-liquor campaign	7 villages	
24	Ward planning	10	
25	Employment in MNREGA	251 persons	

26	Pradhanmantri Aawas yojana	22 household	
27	Total member at village level	1120	
28	Village level meeting	506	
29	Share cropping	57	

# **GIRL RISING**

### **Executive summary and project overview**

This project is to undertake a brief need assessment exercise and support in building modules on Social emotional learning and mental health. Social emotional awareness reduces emotional distress, fewer disciplinary issues, motivates the student to attend school as he adapts and accepts the environment and also results in improved class engagement, test scores and better grades. It will also help in creating a change in behaviour around gender discrimination and will empower the adolescent girls to believe in their dreams and aspirations. The work area of SEL project is operated in Naubatpur and Danapur block of Patna district. The families of the underprivileged community and the Musahar community here work as agricultural laborers. Most of the family members go outside the home to the state Delhi, Kolkata for livelihood. Most of his family members work as laborers to earn a living. The population in their family is more. Under the project, a survey was conducted here to know the current status of 3465 adolescent girls.All these girls were from very poor families. Some do not even have land to live on, they are living in shanties built on government land. Gender equality is also seen in these families to a great extent, due to which they do not give importance to the education of girls, they think what the daughter will do after studying, after getting married she has to go to her in-law's house. It is enough if a daughter studies for work, studying for work means preferring a boy for marriage. Due to more expenditure than income, these families do not pay much attention towards education. Due to the lock down caused by COVID-19, the work of the people working outside the home came to a standstill. The financial condition of this family had become very bad due to the lock down caused by COVID-19.Due to lack of income in the house, it had become very difficult for the girl child to meet the expenses of her studies without money. The COVID-19 pandemic has had an adverse impact on all aspects of life. Stringent lockdown measures, school closures and mobility restrictions have been especially detrimental for adolescents, their education and mental health. Unfortunately, like all calamities and emergencies, girls and women were disproportionately impacted.In the case of education though learning moved to the online medium, girls and women found them at Disadvantage twice over. The reasons for this are multi-faceted. Not only is there a social preference to educate boys more than girls, but the digital divide is also gendered.

### **Key activities**

### **Training of trainers**

The Girl Rising Project team received Total 4 module sessions of two-day training to strengthen adolescent girls' mental health and social, emotional learning on 24-25 may 2022. how to make training easily accessible to adolescent girls. How to explain the importance of education through sports to adolescent girls in the training was very beneficial. We had a great and innovative session by making a paper airplane and writing our dream on it. It was very effective to know each other's feelings through the game of paper ball.

Total 4 module sessions by GR team to become champions on 4 November 2022

Capacity building training was given to impart training. In which champions understand the role they can play in helping us adolescent girls. Learned to run sessions with champions for 4 consecutive weeks. This method is effective in connecting the community. The preparation done prior to administering the program resulted in an increased learning curve for the project team. How the program can be improved by playing everyone's role.

On 22 December 2022, TOT training of group leaders was conducted through Google Meet. The training created an understanding of the identity of the leader and his qualities. Only a better leader can do better work in the group. Meeting the leader and knowing his wishes should make other adolescents willing to listen and follow him, the knowledge of the session should be better so that he can better communicate with others in his village. The leader in the group should be such an adolescent who acts as a volunteer.

Be prepared to volunteer.

### **Program implementation**

The team for the project was selected through Devnet India. After the panchayat selection, Mobilization survey of 3465 adolescent girls has been done. Social mapping of the village was done. The champions were identified by transact walk. A group of identified adolescent girls was formed. A total of 121 groups were formed in Naubatpur block and 79 in Danapur block. Monthly meeting with all groups. Identify the girls who are not going to school and have a separate meeting with them. After that a baseline survey was conducted on 566 adolescent girls. Establishing constant contact with the champions to make them aware of the problems of adolescent girls and seek their help. Contacting the government department, the problem of adolescent girls was informed. There was significant participation of adolescent girls in International Women's Day, MHM Day, World Environment Day, International Literacy Day, International Peace Day, International Non-Violence Day, International Children's Day and International Girl's Day. In these programs activities like dance, music, street play, slogan, poem, rally, drawing competition, speech etc. were conducted by the adolescent girls on different days. Completed the 16 week

curriculum on time with a total of 3000+ adolescent girls in the stipulated time frame. To make continuous efforts to complete the project activities in time. In the Girl's Education Interface meeting, the adolescent girls informed them about the problems being faced in the school, due to which they are not able to go to school.

### **Engaging Champions**

The contact with the service provider at the village level was first increased by holding one to one meeting with them. Those service providers who were contributing to our activities, as well as having a spirit of helping people in their community, were recognized as champions. Our service provider list includes Anganwadi workers, ASHA, ANM, teachers, Mukhiya, Sarpanch, ward members, parents, affected people of the village, etc. total 150 people. After the champion meeting, the Mukhiya decided to have a meeting with the ward member to make people aware in his panchayat about child marriage in his village. It was also decided to discuss child marriage in the Gram Sabha. Many champions have helped teen girls go back to school. Parents have also been helped to understand the importance of education. Champion expressed the idea of doing a 16-week curriculum with the parents of the adolescent girls. Most of the champions expressed the view that these total 4 module sessions can be shown to the villagers at ward level also.

### Asset creation/Photo and video documentation

Video document dated 3-4/11/2022 was done by Richa ji of GR with Parmila Kumari of Komal Kishori group of Kothwa village of Danapur block. Parmila shared the lessons learned from the project and the change in her life. Video documentary work was done after meeting Roopa Kumari of Vaishnavi Kishori group of Chhota Tangrela village of Naubatpur block, Kiran Kumari of Kayapur Fatehpur village, Kalyani Kishori group of Mamrejpur village. The photo and video documentary was followed by a one to one meeting with Gayatri Kumari and Shabana Kumari, field facilitators of the SEL project. At all the meeting places, the girls welcomed by making Rangoli and making bouquets of flowers. All the girl students answered all the guestions in the photo documentation with full confidence. Girls told that earlier we did not go out of the house without family, now our confidence has increased. Now we can move anywhere alone according to our need. Teach us to set goals in our life and dream. Also learn to choose his path to fulfill your dream. Photo documentation was done with Anganwadi worker Ruby Devi. A meeting was held with the BEO of Naubatpur block. BEO Sir told that due to this project 78 students have been enrolled in our area. Due to Covid-19 the attendance of the students in the School was very less but due to the sincere efforts of the PGVS team the number of students in the school has increased significantly. The work of PGVS team is commendable.

### Story of Change

This is the story of 16-year-old Rupa Kumari, her father Ram Sagar Pandit and mother Chandrakanti Devi from village Choti Tangrela, Naubatpur, Patna. There are total 15 members in

Rupa Kumari's family, out of which Rupa Kumari has 4 sisters and 2 brothers, her father is physically handicapped, her mother works as an agricultural labourer and runs the household. During the Corona period when everything was closed; His family had to face a lot of trouble. Due to which Rupa Kumari's mother made a plan to get married. The boy's relationship started coming in Rupa's house, at that time Rupa spoke in the group meeting. In order to stop Rupa's marriage, the workers of Pragati Gramin Vikas Samiti, established contact with Rupa's mother and her family members and persuaded them not to do Rupa's marriage. For the change in Rupa's life, she says that I got inspiration from the story of Azmera. Seeing the film



Ajmera in front of Rupa. I felt that if such an unpleasant incident happens to me tomorrow, then education will be my only support. For which he first talked to his mother and after talking to his elder brother tried to convince them. Rupa's dream is that I become Bihar Police and do not allow any kind of violence against women and girls. Rupa has also shown 4 videos of 4 sessions to all the girls of her village from her mobile

This is the story of Divya Kumari she is 15 years old. Her father Ram Kumar Paswan and mother Munni Devi is a resident of village Salarpur, Bara, Naubatpur, Patna. Field Facilitator met

first Divya during Group Formation. she is very sweet her smiles bring good energy. When we asked her whether she goes to school or not she said she is already enrolled in school but due to of household chores she don't go to school. she is also an active member of our Sugandha group. After the completion of module 1 and 2 when Field Facilitator visited the field to take the feedback of the group that what they learned from Ruksana's and Wadley's story. During the meeting Field Facilitator asked Divya about her understanding that what she learnt from these stories she said the thing that she learned from Ruksana's and Wadley's story is to never give up. She added that these stories



provided her Strength to take stand she promised that from now onwards she will regularly go to school andwill start thinking about her dreams.

### Monitoring, Evaluation and Learning

Monitoring was done from time to time in the field by the project manager and document coordinator. Project evaluation was also done in weekly and monthly meetings.

### A. Baseline assessment

A baseline survey was conducted with a total of 566 adolescent girls from 22 June 2022 to 29 June 2022.

## Following are the details of all the baseline assessment data

Baseline Survey FAQs	Disagree	Strongly disagree	Strongly agree	Agree	Blank	Total
I like to eat mango.	9	8	425	124	0	566
I can identify a personal dream for my future.	30	28	298	210	0	566
I have shared my goals with a friend of my age.	53	63	176	273	1	566
I believe that realizing your potential is the key to achieving your goals. (Your ability is a positive thing about you or something you are good at.)	49	17	203	296	1	566
I can name three people I can turn to for help in achieving my goals.	57	22	214	272	1	566
I believe that I will be able to pursue higher education as much as I want.	31	14	281	234	6	566
I want to work hard to achieve my goal.	35	12	289	227	3	566
I want to complete my studies beyond secondary education.	26	12	322	203	3	566
In the last 3 months, I have discussed my future goals with my family.	97	67	184	214	4	566
I have felt pressure to drop out of school on several occasions.	68	322	57	116	3	566
I know how to set goals for my dreams	70	44	159	289	4	566

I can think of three of my abilities	66	20	194	280	6	566
I think failure helps me grow	92	14	220	238	2	566
I know that the choices I make today will affect my future.	59	14	209	280	4	566
I feel comfortable sharing my dreams with my family	70	17	201	275	3	566
I can give my opinion even if other people disagree with me	75	21	187	273	10	566
When I try something and it doesn't work out, I try again.	45	12	224	282	3	566
I can always name a person I want to be like.	105	66	173	218	4	566

### **Endline assessment**

A endline survey was conducted with a total of 541 adolescent girls from 22 June 2022 to 29 June 2022.

Following are the details of all the end line assessment data.

Endline Survey FAQs	Disagree	Strongly disagree	Strongly agree	Agree	Blanc k	Total
I like to eat mango.	1	2	491	47	0	541
I can identify a personal dream for my future.	0	0	503	38	0	541
I have shared my goals with a friend of my age.	3	3	451	82	2	541
I believe that realizing your potential is the key to achieving your goals. (Your ability is a positive thing about you or something you are good at.)	0	0	445	94	2	541
I can name three people I can turn to for help in achieving my goals.	1	2	474	63	1	541
I believe that I will be able to pursue higher education as much as I want.	3	4	474	59	1	541
I want to work hard to achieve my goal.	1	0	485	50	5	541
I want to complete my studies beyond secondary education.	2	2	489	46	2	541
In the last 3 months, I have discussed my future goals with my family.	9	4	427	97	4	541

I have felt pressure to drop out of school on several occasions.	24	255	213	46	3	541
I know how to set goals for my dreams	2	0	410	127	2	541
I can think of three of my abilities	1	0	467	72	1	541
I think failure helps me grow	1	29	429	80	2	541
I know that the choices I make today will affect my future.	0	0	446	93	2	541
I feel comfortable sharing my dreams with my family	1	0	456	83	1	541
I can give my opinion even if other people disagree with me	1	0	420	116	4	541
When I try something and it doesn't work out, I try again.	0	0	471	69	1	541
I can always name a person I want to be like.	0	0	497	44	0	541

### **Session debriefs forms**

Total 4 module sessions were started from 29th June 2022 to 13th October 2022 with around 3000+ adolescent girls. The self-confidence of adolescent girls has been strengthened by conducting the session. This session has affected different people in many ways. There is equality in gender, girls are also getting opportunity for higher education.

Following are the details of all the sessions.

Name of Module	Session	Total
Rukshana	1	3076
	2	3066
	3	3079
	4	3064
Wadley	1	3063
	2	3131
	3	3151
	4	3102
Amina	1	3069
	2	3101
	3	3063
	4	2980
Azmera	1	3035
	2	3016
	3	3043
	4	3095

### B. Post training reflections

Post Training reflections from 16th June 2022 to 25th June 2022 All trainees filled training feedback form. The language level of the training was quite simple. These trainings have helped a lot in understanding SEL better. This training has given a new way to teach how to understand someone's happiness, sadness, anger, emotion, mental tension etc. through the medium of play. It is equipped to successfully implement training sessions. All the sessions in these trainings have been important in which voice, power and gender equality have been very important. There has been a lack of time in these trainings and there has been a lack of time so that all sessions can be played.

### C. Attendance records

A WhatsApp group has been created for the work attendance of SEL project employees. All the workers should reach their workplace and register their presence by sending live location. All the employees come to the office weekly and signatures in the attendance register. The original copy of the attendance of the participants of the activities is attached along with the documents made by the Accountant in the Accounts Department. The photocopy is kept in the document file of the office.

### **Challenges and solutions**

- As all the Adolescent Girls groups are formed and there is a delay in Curriculum many girls are not taking interest and getting drop out.
- As the schools are open most of the Girls are not available in the community. As a result, Field Facilitators are facing problem in taking sessions on time.
- Due to the field visit, some challenges are known that many adolescent girls of Musahar community are leaving school due to financial constraints, as well as there is a difference of opinion due to some superstition.
- Departmental order issued for the champions working in the government department to participate in the meeting. There was paucity of time to issue departmental orders. Also, being busy with other works, they were not able to give time to the officers at the district level.
- Due to non-availability of pads at the school level, one has to stop going to school during menstruation.

### Sustainability and way forward

Panchayati Raj members are further preparing to run this program for 16 weeks in every ward. For this, they are ready to cooperate with the organization. Block Education Officer and Principal should conduct weekly PGVS in all the schools so that the students remain permanent in the school. This session can also be run further by the group leader. Some group leaders have also agreed to continue this session.





# Menstrual Hygiene management supported by JSCF/UNFA

PGVS working with adolescent girl for menstrual hygiene management and waste disposal system in Manpur block Gaya from September 2020. In 2022 till August we engaged with Mother, adolescent and Different stake holder.

We organised training with adolescent's mother for support to her daughter during Period before and post .during the training we discussed about MHM management and disposal .

In this training we oriented 250 mother about menstrual hygiene management.





# Master trainer training

PGVS organised TOT for 24 adolescent girl of 6<sup>th</sup> Panchayats to learn about cloth making pad. Two days TOT training conducted by PGVS and trained 24th adolescent girl

Selection of Trainer from village level adolescent groups . Following criteria used during selection.

- Adolescent should accept by group.
- She has leadership quality
- She has interest in MHM knowledge
- She should participate in full training period

In the training they have learned about panty liner ,nara pad, uger pad and diaper













# **International menstrual hygiene Day**

PGVS organized International MHM day in 12 villages of six Panchayats( bhore, gere, sanaut, bhadipur, kayiya and lakhanpur) in Manpur Block Gaya. Street paly team of PGVS have conducted nukkad natak on MHM in all 12<sup>th</sup> villages which more than 2000 male female and children have been participated during street paly . The main objective of the nukkad natak to aware community on menstrual hygiene management ant waste disposal .



# **District Convergence meeting**

PGVS conducted district level convergence meeting with education department and ICDS department and sharing the experience of feed bcka byr adolescent and their mother about MHM and waste disposal.

During the convergence meeting Chief Guest DPO of sarv shiksha abhiyan Gaya Asgar Aalam khan, Gender Coordinator Surendra Prasad, ICDS district Coordinator Saba khatoon, Block health manager of Manpur Dharmendra kumar, PRI's and staff of PGVS have been participated









**District Convergence meeting Deep Buriel Pit** 

PGVS constructed deep Buriel pit in seven villages and oriented adolescents to how can use this DBP for waste management



# **BIHAR SUSTANABLE LIVELIHOOD DEVELOPEMT(BSLD)**

\_PGVS is working Bihar sustainable livelihood program with support of Heifer International in Kurhani Block of Muzaffarpur district since 2020. The objective of this Project to increase income of BPL families through Goat rearing. We are working with 4000 family with 200 Self Help Groups in 36 villages of 12 panchayats.

During current financial year we achieved following target:-

# **Major achievements**

- 2 Goat Entrepreneur was formed.
- ➤ 400 Goat Enterprises fund transferred to HH members.
- 362/400 Goat shed completed
- > 724/800 Goat purchased.
- 103/600 Goat Enterprises fund transferred to HH members.
- 22/600 Goat shed completed.
- ➤ 20/1200 Goat purchased.
- > 3 PRI members are part of our SHG, 1 Ward member and 2 Panch.
- Supported Seeds to SHG groups to distribute among members of SHG for Kitchen garden (500 HH).
- > Supported 3 SHG members for model Kitchen garden seed production.
- Business Development- Supported 4 CAVE Seed.
- ➢ 6 CAVE Kit supported to CAVE.
- > 3 Scooty supported to CAVE to do better work from Innovative Fund.
- 4 Spray Machine and Conovider (1 each) to 4 CAVE to agriculture purpose.
- ➤ 1 Microscope to diagnose warm in Goats.
- > 14 KG paddy seeds distributed to 9 SHG members with the support of Harvest Plus.
- In 9 Acre cultivation through Zero Tillage in 4 village (Mohini, Bangra Hardas, Teliya, Madhopur Kapoor).
- Training though KVK- Jal Sakti Abhiyan to 50 farmers (Kitchen garden).
- PRI(Ward parshad) participated in CMDRR training.
- 2 Animal health camp at Chandrahatti and Madhopur Kapoor.

### Activity

During current financial year 2022-23 We conducted following activities: -

• PGVS formed 51 SHG and opened account in Bank
PGVS fo0rmed 51 SHG in this financial and submitted application for account opening. PGVS
start process from meeting with village woman member to orient about BSLD objectives
and how to increase their income by goat rearing. The SHG is why important for rural poor
woman and how can take benefits from SHG. First we take resolutions in meeting and
formed SHG group. After formation of SHG we conduct other meeting with group members

and selection of office bearer by members like president, secretary and treasurer. And discuses about rules and regulation saving account opening. After account opening, we start training of SHG management.

- SHG Management training completed in 28 SHG in which 560 members have taken training about SHG management and proper function
- Two PMC( project management committee ) formed for strengthening of decision making process bye SHG and PMC. This PMC constitute cluster level where 20 member from 20 SHG are involved
- PGVS conducted 4 days cornerstone training in which 1307 member of SHG have been participated. The objective of this training to build capacity of member
- PGVS conducted Gender training with 816-woman member of SHG
- Kitchen garden training also conducted with 993-woman member from SHG
- IAM (Improved Animals Management) Training given in 39 SHG during this financial year to orient SHG members for best practices in animals' husbandry (goat rearing)
- CMDRR (Community management on disaster risk reduction) Training conducted with 262 members in this year to provide knowledge and information for how can protect self and community during disaster how can preparedness pre disaster
- PGVS provide TOT to all 10 CAVE( Community agriculture veterinary enterprises) in this year to improved their capacity in health management of Animals .All 10 cave has earned Rs2,20,045 from treatment of goats -1756,Vactination 1969, Deworming- 4255, Castration- 420 and IAM training- 12. Our best achievement is Cave is making their own identity in this work, and community now taking interest to proper treatment of their goats foe reduce motility rates.
- PGVS established 40 kitchen gardens in field by 40 women for access nutrition and promote income
- 16-woman members doing sharecropping in 30 Katha land





Jay Jagat! PRAGATI GRAMIN VIKAS SAMITI